

SP 1-6 Participants	<u>SP 1</u> Process/observation
Square	carefully constructed perimeter asked to take fruit
Triangle	concise movements
Oval	bombs dropped onto the tray
Circle	looting frenzy
Diamond	reserved contained

**Group SP**

- \* *Dissociation*  
(*compulsive building*)
- \* *emotional dysregulation*
- \* *compartmentalisation*
- \* *defenseless*

**context**  
**actions**  
**mood**  
**researcher**

**SP 1: Process/observation**

Newness, uncertainty  
Grabbing, looting, frenzy  
Free for all, plundering of display  
Fears - snakes!  
loading sand trays / overwhelmed  
evoked anxiety in the researcher:  
*will there be enough miniatures!*  
*will they stop*

first session, briefing followed by SP  
unsure, whispering, watching each other  
deer in the headlights, tense, frenzied  
plundering of the collection  
unsettled, worried abt appropriateness  
of wide array of miniatures in deprived  
circumstances

## Photo

## Reflection

the whole world is dangerous  
snakes horizontal across tray  
foreground and background  
both contain danger  
homeyard area in background  
foreground area is strong man & elephant  
& a fence albeit it wonky  
no fruit in the tray

divided / split world  
left side is more modern  
right side is older  
left side warmer, right is colder  
clear battle line  
left has advantage over right

a rigid world  
opposition (facing off)  
graves side by side  
danger  
male lion is alone  
left side more more rigid  
signs of formations on right side

overwhelmed, loaded full tray  
danger everywhere  
2 contained areas only  
food scattered throughout  
death, graves  
graves from bread

neglected babies  
religion  
buried treasure  
distanced boy & grandfather  
protected access to sea world

### SP 1: Photos

Danger/threats/fears

Conflicts: facing off/opposing forces

Death & loss

\*Overwhelmed/flooded trays

Chaos

\*Separates/divides/splits

\*compartments/enclosures

Spikey/sticking out quills/brass urns

### SP 1: Reflection

plundering of collection

loaded trays

chaotic and frenetic

will they settle down/anxiety

fearful - where will this lead

two areas

## SP 2

### Process

#### **meticulous perimeter fence**

long time looking  
thicker fence

#### **birthday**

finished early

#### **shy away from snakes**

trying to see with binoculars  
little snakes in hand  
didn't put money in treasure chest  
let Masi use binocs

#### **loading basket**

looking carefully at miniatures  
quiet & focused  
throwing down money  
using empty toobs  
silver treasure chest, opening mechanism  
systematically working  
poured out last items from basket  
last to finish

#### **choosing houses & home/garden items**

sniffing  
using lots of quills  
re-did quills  
asked Masi for some quills, Ndi for fence

### Photo

#### **left distinct from right**

left has real people (family)  
right only has soldiers  
dangerous animals contained on right  
thicker perimeter fence/more solid  
zebra is being bitten on rump by snake  
family on left  
cluster on right water & food & soldiers

left is larger, air craft  
left advancing on right  
right is smaller area & water craft  
left is ready and organised to advance  
right is retreating

#### **distinction between left & right**

connected fence separating left & right  
left is animals & nature, imaginary people  
no danger on the left  
right side is real people & babies  
danger is outside the circle on right side  
access between left and right is limited  
game of soccer inside  
aeroplane ready to take off towards left

#### **messy uncontained world**

left & right side  
contained fire on left  
contained grave on right  
empty containers on right  
buddha & wiseman lying down on left  
danger in foreground on left  
sheperd & wiseman & baby Jesus backg left  
treasure chest on right, more colour

#### **left has 3 areas, right has two areas**

left: religion, home yard & graveyard  
right: homeyard & lying down lion, music &  
Capt Hook  
access to right side enclosures, left no access

## SP 2: Observation

more fences, more order  
eager to be there  
more concentration  
more deliberate  
signs of cooperation

## SP 2: Photos

stronger fences  
movement  
two sides  
more order  
lying down\*  
compartmented

carefully looking at miniatures & choosing

## Reflection

### SP 3

#### Process

##### **carefully working sand, making dust**

fence poles all around perimeter  
using binoculars  
pulled hand away from snake  
asked Z for money  
dropped marbles haphazardly onto tray  
left with Z

##### **took many wild animals**

shift from soldiers to animals & trees

##### **gave Masi money she requested**

dropping in gem stones  
finished & left with Masi

##### **carefully looking & placing**

ringing bell, studying it carefully  
all wooden food items taken  
studiously loading tray  
trying to fit big items into small  
glass jar  
insisted on mirror standing up  
last to finish

##### **dust from tray**

seashells  
looking at trays to left & right  
dusted off hands  
finished first, very early!

### **SP 2: Reflection**

more fences

more ordered

scholarship / clever Sipho

other children wanting to play

eager

### **SP 3: Observation**

eager

working the sand - dust

shifts in everyone

early departure for Okuhle

more deliberate actions

Sipho animals

Ndi trying to force big items into container

Masi - messier

Z bigger bombs being lobbed



## Photo

## Reflection

### **a more porous fence**

less rigid, more gentle

centering

big dangerous animals to the sides

males & females separate

soldiers all around

### **the left traps the right**

no vehicles or soldiers

the left has gained more ground

the predators have trapped the prey

### **no real people present**

enclosures in the background area

2 on the left & 1 on the right

houses in between in background area

right side is warmer, brighter

left colder, darker

more danger on the left than the right

more life and colour on the right

### **containment in an upside down world**

more organised & structured

less loaded, more life & growth in tray

four shells containing shells

clusters & groupings

lying down fairies

isolated/alone women (three)

owl in treasure chest, key on top

alcohol bottle on right (same in prev trays)

### **sacred Angel**

in the center of the tray

at heart area Angel & Mary kneel at flower

beautiful, tender/vulnerable

red butterfly at pubic area?

### **SP 3: Photos**

less fencing

more containment

more organisation

showing vulnerability / more authentic

### **SP 3: Reflection**

some beautiful trays

a shift

#### **SP 4**

##### **Process**

chose first

**finished in record time**

##### **working sand**

spending more time, less concise in actions

looking for something

finished early

##### **choosing wild animals**

went to O's tray, shooed away

making demarcated areas in tray

carefully constructing a fence

remained on own

absorbed

first to arrive & finished last

##### **working sand**

grabs for the mirror & got it

looking in empty containers under counter

opening & searching

took entire cash tray

busy with binoculars, trying to see

picking, choosing, changing mind

##### **helping S & N roll up sleeves**

choosing wild animals

different energy

loading up her basket - 3 x's

loading her tray

#### **SP 4: Observation**

late to start, bus late from school

Chairperson's visit to the centre

excitement

children had to be rounded up

grabbing initially

absorbed in preparing sand trays

cooperation

## **Photo**

### **a dragonfly**

this tray is different to previous trays in that there is no perimeter fence  
in the background is a dragonfly containing a dinosaur in its left wing  
& 2 crocodiles in its right wing, the body is a snake, the head a zebra  
in the foreground is a family of adults, a father & grandfather to the left  
a mother and a grandmother to the right  
super man is facing forward on the left and wonderwoman is lying down  
on the right (woman on the right, men on the left)  
small snakes are on the outside of the dragonfly

### **three areas develop**

horses are contained in the left side, facing towards the foreground  
sheep are contained in the middle kraal  
the right area contains vegetation/trees (growth) and a red frog

### **nine fenced areas**

3 & 4 areas on the left side, 5 areas on the right  
left is houses, home yard and snakes and wild animals  
right is religion, boats/water in foreground & big animals in background  
very structured, ordered, categorised tray  
in the religious enclosure, baby Jesus is on his own in a corner  
there are no real people in this tray, just the religious/imaginary people

### **on and inside the hill**

the left side is comprised of a hill  
around the hill is a constellation/buried inside a baby & a bell  
with imaginary figures  
the right side is empty to the blue  
except for the background right area  
where there is a big pile of food  
the left also contains the binoculars  
alone in the foreground on the right is indigenous woman with baby

### **primitive carnal world**

left side is prehistoric: dinosaurs  
right side is wild animals  
larger right side area with centred area  
in between two plinths  
left is prehistoric, right is dangerous

clusters or constellations

**SP 4: Photos**

less fences

two's & three's

all at different stages

M - dragonfly

S - three compartments

Z - compartamentalised /rigid

N - two areas (more organised) buried baby & open area

O - primitive, carnal

## Reflection

### SP 5

#### **Process**

making dust, deftly working sand  
gracefully  
finished first

#### **asks for water**

with a fistful of sand  
working with a tractor in his tray  
parting with a block  
trying to unclog the tractor wheels  
banging the tractor against the tray  
said something about going & shortly  
left with Z

#### **always thinks about what to do**

#### **taking time to choose**

found live spider & disposed it  
rummaging in her basket  
placement after placement  
systematically placing  
putting items back on display  
seaweed & shells chosen, coloured  
stones chosen, taking money - coins  
looking at S tray, picked up flag  
left with S (last to leave)

#### **started, went for bell**

dropping things, basket overflowing  
took big green snake  
loading second basket  
using plastic sheet/backdrop  
finished earlier than normal

#### **waiting for Ndimenhle**

waiting for everyone to take first  
wants everyone else to finish  
done after 20 minutes



<b>SP 4: Reflection</b> Chairperson's visit excitement rushing water not being used don't want to wet trays	<b>SP 5: Observation</b> ready early relaxed not rushing carefully working trays Sipho & water request noticeable silence
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### **Photo**

undulated hills

the landscape of hills and valleys was created first

again there is no perimeter fence

clusters and constellations are centered around hills or on top of hills

the entire tray seems to be a centering

dangerous animals facing into the babies on the hill with buddha

on the left the colours are darker than on the right

### **ploughing and developing farmlands**

the left side comprises 5 areas, 2 water areas & sheep, cows & horses

the right side comprises ploughed lands and to the far right

houses/a home yard area. There are four areas on the right

the foreground on the right is goats and cars. There are NO people in this scene.

### **People appear with the military/soldiers**

militaristic tray, soldiers all around the perimeter

placed by colour

in the middle of the battle is water/sea/boats

in the foreground of the left side is a family holding hands

they are flanked by soldiers (either as protection or as threat)

the right side contains vehicles, land and air craft - facing left

aircraft are on the edge of the tray ready for take off

### **facing a beautiful backdrop**

this tray is divided horizontally

foreground & background

foreground is food & fish

background is contained animals on left

and contained fire on right - in binoc straps

pile of food in the centre back area

2 alcohol bottles & 3 stars & a hut contained

in forefront area, treasure on left

### **horses and farmyard animals**

the left side is comprised of horses

the horses are free

the right comprises 4 areas

the farm animals are divided up

categorised into their own areas

the right side is more structured  
3 baby goats in the forefront  
adult goats in the background

#### **SP 5: Photos**

clusters (emerging constellations)  
progression  
more enclosures  
two's threes fours and sixes

## Reflection

### SP 6

#### **Process**

chose first  
building a perimeter fence  
using food crates to stamp sand firmly  
working carefully in her tray  
very productive  
patting the sand again  
arranging and placing food items, back into basket &  
re-placing, necklace around house then moved it  
where to put money, returned empty crates  
choosing more miniatures  
reluctant to finish, no rush today, bell into tray  
**looks at soldiers carefully before he selects & places**  
relaxed  
putting back what he hasn't used in his tray

#### **chose first with Masi, sniffing**

Z collaborating with M - given a house  
really interacting with miniatures  
trying to see with binoculars

finished first

#### **stretching to take**

loading basket  
still loading, others are building  
tipped whole basket onto counter  
taking time to construct  
pausing, thinking, looking  
separating money (notes)  
counting money, left on own  
pushing 3 stars, together, firmly into sand  
still comes back for more, when will it be enough  
dropping items, using as much as she can, took time

#### **waiting her turn**

working with shells  
looking for something  
talking to Zothani  
found the spider  
finished first (like in SP 3)



**SP 5: Reflection**

ready, waiting & eager to start  
more relaxed  
N rummaging noticeable  
the process of making & creating  
need for security & containment  
exhausted, depleted

**SP 6: Observation**

taking time over sand trays, lingering  
really playing  
more deliberate, conscious  
relaxed

## Photo

The danger is contained and minimised  
this tray is divided horizontally: foreground/background  
in the background is a home yard area, on the left  
of this area is sports and money, on the right is animals  
but they are contained. In the middle is a house &  
a girl on either side of the house  
in the foreground area is an abundance of food  
the food is contained  
between the foreground and the background is baby Jesus  
between Mary & an Angel & a wiseman  
superman and an upside down bell are on the right side

### **A less divided world**

The left side is less threatening, reactionary  
The right side has moved closer to the left & is  
showing signs of growth. There is not distinct winner  
in the left or the right. There seems to be a truce &  
a willingness to consider integration

### **A convoy visits**

the left is less congested, there is space for travel  
the left side comprises tractors, cars & aircraft  
all facing towards the foreground  
the right area comprises a community, a happy  
community with real people. The far right comprises  
the animals, cows pigs and sheep and these are  
organised into kraals  
there is no danger in this tray

### **5 star safe & happy place**

the left side is less organised or formed  
money, treasure, a dice & fisherboys contained  
the right side is larger and is in the shape of  
a big circle, round and round  
no danger or significant threats in this tray  
a happier, life tray but nevertheless still haphazard  
imaginary & real mixed together

### **a pilgrimage to wholeness**

the left comprises of the horses walking around  
a hill and encapsulated by spiders  
there is no hard division between left & right  
the right is comprised of a beautiful  
square made with sea shells & butterflies

## Reflection

the two sides are one  
the entire figure looks like a person's head &  
body with the cars being the feet  
it's a touching scene

#### **SP 6: Photos**

less threats (more contained)  
more safe  
more home yard scenes  
more family, togetherness  
more integration/wholeness

#### **SP 6: Reflection**

early adolescence like menopause  
transitional period  
changes in thinking  
softening in SP actions and SP trays  
more gentle scenes