

TABLE 4.5: SERVINGS PER DAY - SERVINGS CONSUMED PER DAY

	N	Mean	Median	Mode
One serving a day	554	3.47	4.00	4
Two servings a day	534	2.73	2.00	2
Three servings a day	514	1.85	1.00	1
Four or more servings a day	526	1.60	1.00	1