

TABLE 4.10: PREFERRED SERVINGS PER DAY - PREFERRED SERVINGS PER DAY

	N	Mean	Median	Mode
One serving a day	554	3,47	4,00	4
Two servings a day	534	2,73	2,00	2
Three servings a day	514	1,85	1,00	1
Four or more servings a day	526	1,60	1,00	1