**DEVELOPMENT OF A PSYCHO-EDUCATIONAL PROGRAM FOR FAMILY MEMBERS CARING FOR MENTAL HEALTH CARE USERS IN VHEMBE DISTRICT IN LIMPOPO PROVINCE.**

| **Themes** | **Category or Subtheme** |
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| **The needs of the mental health caregiver regarding the MHCU's range of behaviour** | * Violent and aggressive behaviour * Using substances such as dagga and alcohol * Need the police to assist with violent behaviour * Signs of a relapse * Seeking help and comfort from traditional and spiritual leaders * MHCU could function fairly independently |
| **The medication management needs of the MHCU** | * Adhering to appointments at clinic or hospital * Adhering to the medication schedule * A medical prescription that is suitable for the MHCU * Availability of medication |
| **The financial support needs** | * Stable versus financially challenged mental health caregivers (family – not all are family) * No grants versus grants received * Concerns about employability of the MHCU |
| **The mental health caregiver's phycological and day-to-day care needs** | * Mental health caregiver experienced a range of negative emotions * Limited socialisation opportunities * Support from the family or community * A need for professional assistance * Support regarding day-to-day care *of* the MHCU |

**RESEARCH OBJECTIVES**

* To explore and describe the *needs* of family members\*\* caring for MHCUs in Vhembe district, Limpopo province**.**
* To develop a psycho-educational program to *support* family members caring for MHCUs in Vhembe district, Limpopo province.

*\*\* Not all caregivers are family members*