

Name and Student Number:

## Learning Unit 2: Frame of Reference

### WORKSHEET

#### **THEME 1: ELEMENTS OF FRAME OF REFERENCE**

*LO1.1: Discuss what is meant by a frame of reference*

#### **Activity 1: Understanding different frames of reference**

**Instructions:** Answer the following questions about frames of reference:

- 1) What is meant by the term “frame of reference”?

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- 2) How might the following people’s frames of reference differ:

- Someone who grew up in a small rural town vs someone who grew up in a big city

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- Someone who grew up in a family of four children vs someone who was the only child

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- Someone who studied at university vs someone who did not finish school

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- Someone who was brought up in a conservative family vs someone who was brought up in a liberal family

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**Activity 2: Understanding your values, beliefs and attitudes**

**Instructions:** Answer the following questions about your own values, beliefs and attitudes.

1. What are some of the things you value? Have they changed over time?

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2. What are some the things you believe? Have these beliefs changed over time?

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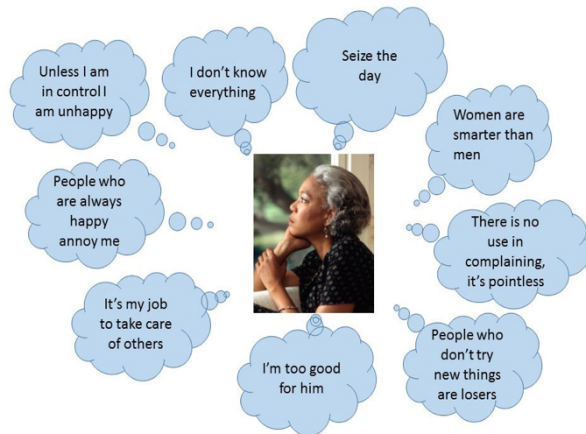
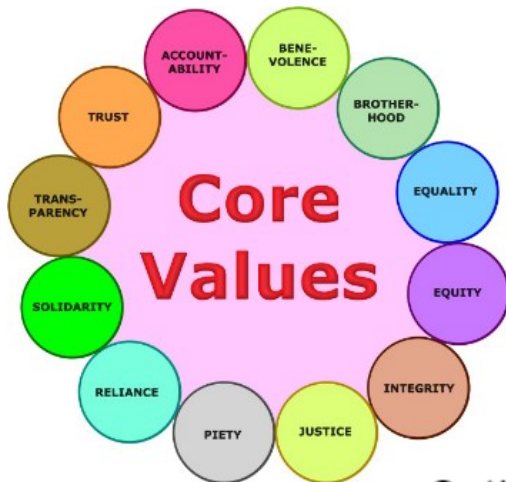
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3. What are some of your attitudes? Have these changed over time?

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*LO1.3: Explain why the elements of reference are important when understanding interpersonal communication.*

**Activity: Class Debate**

**Why do think our values, attitudes and beliefs are important when understanding interpersonal communication?**

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**THEME 2: SHAPING FRAME OF REFERENCE**

*LO2.1: Explain what cultural differences are in society.*

*LO2.2: Describe the role of culture in shaping frame of reference.*

*LO2.3: Discuss how cultural differences influence behaviour*

**Activity 3: Understanding Cultural Differences**

1. What is your understanding of the term “cultural differences”?

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2. Give two (2) examples of how your culture differs from another cultures?

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3. How would you classify the following behaviour in terms of terminology of cultural differences described in the table on page 25 in the prescribed textbook?

- Anne is always late for meetings and misses deadlines. She likes to work on several projects at a time and usually doesn't even notice when others leave for their lunch break.

**This is usually associated with** \_\_\_\_\_

- John never says "no", no matter what his boss asks of him. He even stays on after hours to finish a task, and he always shows the highest respect with his boss

**This is usually associated with** \_\_\_\_\_

- Dylan is very competitive. He always argues to prove his point. He never shies away from confrontation.

**This is usually associated with** \_\_\_\_\_

*LO2.4 Discuss the role of gender in shaping frame of reference.*

**Activity 4: Understanding the role of gender in shaping frame of reference**

Instructions: Answer the following questions about your values, beliefs and attitudes:

1. Do you think males and females differ from the way they communicate? Why?

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2. List some of these differences you have observed in your daily interactions with males and females.

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3. Describe the effect that you think your gender has on your communication behaviour

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### THEME 3: SHAPING FRAME OF REFERENCE

*LO3.1: Explain the subjectivity of perceptions.*

*LO3.2: Distinguish between the various perspectives relating to perceptions, by using examples.*

*LO3.3: Identify common stereotypes in social situations.*

*LO3.4: Discuss the techniques to improve perceptual skills*

#### Activity 2.1.1: First impressions (VC LEARN)



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