

Project Meeting Guide

Frequency: Bi-monthly

Duration: 90 minutes to 2 hours

Structure of sessions and areas covered:

- | | |
|-------------------|---|
| Session 1: | <p>Introduction to the study and signing of consent forms.</p> <p>Held separately with three groups comprising five participants each. The sessions will be held on the same day, at different times with each of the groups. They will be held at Mams Radio. Participants would have been contacted prior to check whether they are able to present to the station at the times available.</p> |
| Areas covered: | <p>Discussion of the study.</p> <p>Consent process.</p> |
| Session 2: | <p>Problem identification</p> |
| Areas covered: | <p>Introduction of ground rules for interaction (e.g., respect and confidentiality).</p> <p>Participants (all peer leaders) decide on a community issue they want to address. The researcher encourages the participants to clearly define the problem.</p> |
| Session 3: | <p>Problem exploration</p> |
| Areas covered: | <p>The participants discuss how they intend to address the identified problem.</p> <p>Brainstorm practical/feasible solution(s).</p> <p>Outline options available.</p> <p>Participants are encouraged to think over the solution(s) suggested.</p> <p>Discussion of potential resources to draw from for the intervention.</p> |
| Session 4: | <p>Action plan</p> |
| Areas covered: | <p>Development of project plan for the intervention.</p> <p>Consider how they will reach their peers when implementing the intervention.</p> |
| Session 5: | <p>Implementation</p> |
| Areas covered: | <p>Discussion on implementation of intervention.</p> <p>Opportunities and obstacles encountered.</p> |
| Session 6: | <p>Implementation</p> |
| Areas covered: | <p>Discussion of implementation of interventions.</p> <p>Opportunities and obstacles encountered.</p> |

Session 7:

Areas covered:

Follow-up

What has been achieved thus far?

What are the obstacles?

Revisit project plan and consider progress on objectives.

Share experiences thus far.

Reflect on anticipated outcomes (in view of the interactions they are currently having with their peers).

Session 8:

Areas covered:

Progress Review

What has been achieved thus far?

What are the obstacles?

Revisit project plan and consider progress on objectives.

Share experiences thus far.

Reflect on anticipated outcomes (in view of the interactions they are currently having with their peers).

Session 9:

Areas covered:

Progress Review

What has been achieved thus far?

What are the obstacles?

Revisit project plan and consider progress on objectives.

Share experiences thus far.

Reflect on anticipated outcomes (in view of the interactions they are currently having with their peers).

Session 10:**Reflections on process**