**Table 6.2 Foods observed by stakeholders being fed to children aged 2-5 years**

|  |  |  |  |
| --- | --- | --- | --- |
| **Group 1** | **Group 2** | **Group 3** | **Consensus for Question 1** |
| Maheu (bought in a variety of sachets and  manufacturers | Maheu | Maheu | Maheu |
| Jiggies | Jiggies | Jiggies | Jiggies |
| Sadza/pap | Sadza | Sadza | Sadza |
| Soup | Soup | Mirinda (almost similar to  Twizzer and Pepsi) | Soup |
| Rice | Chunks (soya mince) | Rice | Rice |
| Maputi (similar to popcorn) | Maputi | Maputi | Maputi |
| Instant porridge | Instant porridge  Mealie meal porridge with peanut butter, plain mealie meal porridge | Plain porridge and instant porridge, such as Ace | Instant porridge, plain porridge,  mealie meal porridge with peanut butter |
| Pepsi | Pepsi | Pepsi | Pepsi |
| King curls | Sweet potatoes | Go-slow chips (almost  similar to jiggies) | Chips |
| Bananas | Bananas | Bananas | Bananas |
|  |  |  |  |
| Oranges | Oranges | Oranges | Oranges |
| Freezits | Freezits | Freezits | Freezits |
| Jolly juice (sweetened powdered sugar with colouring, which is then mixed with cold water  before drinking) | Jolly juice | Mazowe | Jolly juice |
|  | Potatoes |  |  |
|  | Lacto (sour milk) | Lacto | Lacto |
|  | Eggs | Eggs | Eggs |
|  | Sugar beans | Beans | Beans |
|  | Vegetables | Cabbage, Chomolia | Vegetables |
|  | Fat Cakes |  |  |
|  | Bread with Peanut Butter | Plain bread | Bread |
|  | Beef | Beef | Beef |
|  | Chicken | Chicken | Chicken |
|  | Mince Meat | Soya mince | Soya Mince/Chunks |
|  | Dried Kapenta |  |  |
|  | Dried Vegetables |  |  |
|  | Fresh Chips |  |  |
|  | Butter Nut | Butter Nut | Butter Nut |